

IMPORTANT NOTE:

Please, for donations, you must do it through the following bank details below:

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Beneficiario: B.K.S. SMARAKA NIDHI TRUST

Please, do not use for donations the bank details shown at last page of the document

Thank you very much for your interest

BKSSN Trust:

The Trust was formed in 2003 by Sri B.K.S. Iyengar. It aims to improve the quality of life of the local villagers in all dimensions whether medical, educational, social or cultural. The idea of Sri B.K.S. Iyengar was to bring about a silent revolution to uplift the entire local community. He embodied the spirit of selfless service and worked tirelessly to empower the community especially through education. Here is a brief overview of the work which has been done.

SRSI School & College:

Smt.Ramamani Sundararaja Iyengar School was established during the academic in 2005. At present it caters 600 under privileged students (8th to 12th Standard). The school has a complete audio-visual section, with 32 computers all interconnected to the local area network with a central server system. There are two labs with Wi-Fi and projector facilities. Wi-Fi connection is available for the staff and the students in the School.



SRSI Hospital:



It was inaugurated by Sri B.K.S Iyengar in July 2007. It provides free healthcare facilities to residents of Bellur and surrounding villages. It has 30 Beds for in-patient care and OPD services and receives everyday about 150 patients are availing the facilities.

B.K.S.Iyengar International Yoga Center:

The Bellur Iyengar Yoga Center, one of the most beautiful in its kind in the world, offers classes in all levels, from beginners to advanced. The yoga hall, with its natural light and cross ventilation has all the props of Iyengar yoga and can accommodate comfortably 250 practitioners. The two residential blocks can host up to 135 participants. Healthy and balanced food prepared in the modern kitchen is served in a vast dining hall overlooking the valley of Bellur.



Rain water harvesting structures:

Kolar is a quite arid area. The Trust constructed three rain water harvesting structures in the campus with a capacity of 17,500,000 ltrs (Approx:4623000 Gallons).

Afforestation Work:

The Trust took a new initiative to rejuvenate the small lakes/ponds and to create a green cover in the area, with consultations of the Local authorities & Village leaders. We shifted the lake's soil to the campus and offered all the participants who visited the campus to plant trees. We notice that the two nearby lakes have been rejuvenated and the groundwater level will increase.



Case study 1: An example of our work in education

Due to the Covid-19 pandemic, the nationwide closures are impacting hundreds of millions of students.

Many of the students face uncertainty as to their future because their next steps in further education or careers are dependent upon them obtaining their school or college leaving exams. We need to create opportunities for these children to come into a learning environment where they can maintain physical distance from each other, wear masks, have sanitised hands and sit in the learning environment to learn.

A key step taken by some education institutions to ensure continuation of curriculum has been to shift lectures online, requiring both students & teachers to use personal home computers & reliable internet. During this challenging time, we can't expect students to just grab their parents' smartphones and start attending classes and the method is at least ensuring that learning is not totally disrupted.

SRSI Institutions had come up with some strategies to reduce, the student problems by using the technology advancements; That students can learn when reinforce and understand what is being taught.



Student #1: Our teachers conducted online classes through the loud speaker at sri RAMA temple has helped me a lot at the time of final exams. With this help, I am not only passed but scored 1st class in the final exams. My parents are very happy after the exam results.
-Sandeep K K, Student Of SRSI Institutions.

The idea of optimal utilisation of available resources in the Village and has started using the public announcement system of the Rama / Patanjali temple in Bellur & other community systems in other villages to share the lessons, exam planners, guidelines for parents on how to deal with children during the lockdown period, importance of exercising and much more. Many of the earlier passed out students have supported this initiative by volunteering their time.



Teacher:: Though it's a new experience, our management has provided the opportunity to learn & equip the new skills. With newly aquired skills, I have proved the students online classes & they are very happy.

-Ms. Triveni K S, Lecturer in Commerce.



The method that a fundamental pedagogical shift is needed for online student success due to asynchronous communication and the necessity of extensive course pre-planning

Within a few days, the teachers switched over from teaching in-person to distance learning for nearly 600 students. Every day the students were provided with Cooked packaged nutritious food at the place of learning in their respective village. On a normal day, the daily attendance rates average 90% or higher, so it was a significant transition in success.

Case study 2: (Scenario: Health)

SRSI Institutions come with an idea of optimal utilisation of resources available in the villages in the fight against the Pandemic Covid-19. SRSI PHC has adopted the strategy of networking with the local health worker called as ASHA worker in every village surrounding Bellur to

- Educate the community about COVID-19 prevention behaviours and use of masks.
- Provide information on hygiene practices and limiting travel.
- Make every attempt to continue services for rural homeless populations / migrant workers in the event of community spread of COVID-19.

The ASHA is a link between the PHC and the community, and often is the first point of contact in underserved populations. Selected from their own villages, ASHAs are women between the age of 25 and 45, literate and with some formal education (Appointed by Local Govt.). They promote and deliver immunisations, make referrals for maternal health, and teach patients about nutrition, sanitation, and self-care techniques. They bring basic medications to people's doorsteps to help them keep healthy. Each ASHA has responsibility for one village. "She knows every household in the village and can be effective aid in creating awareness.



Feedback : As Guruji said to us, the doctors, Staff are taking care of us very well. Even if some one goes to other hospital, it will not be treated properly. Finally they will come to Ramamani for the treatment. We are very happy with Ramamani Hospital.



- Mr. Chennappa, Village- Nuggulapura

The major areas where SRSI PHC has deployed human resources for surveillance activities at grass root level, laboratory testing, collection, collation and dissemination of data, risk communication and clinical management.

SRSI PHC with an innovative model to show how mobile technology can be used to create a virtual link between patient and the Doctor bringing accessibility to all. The method uses the mobile technology for patient monitoring and for providing better and quicker diagnostic service by the doctor from PHC Virtually. Basic Information & awareness would be dispersed. Blood pressure checking / Vitals checking was done at their doorstep by our team members.

Feedback: I am satisfied with the model opted by the management, The safety measures were good by this model. It gives us opportunity in attending the patients virtually & give the treatment with out fear of Covid-19. Though its PHC, it is providing the opportunities equivalent to a corporate hospital.
- Dr.Darshan, CMO, SRSI PHC.



4256 patients have been provided with required primary healthcare facilities / medicines at door step from March 2020 till date. **SRSI PHC** identified the COVID warriors working in the community & has distributed hand sanitizers, face masks, and soaps to every student, staff member and Health Workers, all police personnel of Vemgal/Narsapura & Kolar Rural Police stations. The institute has distributed around 100,000 reusable face masks and 35,000 hand-sanitizer bottles so far.



Bellur Krishnamachar & Seshamma Smaraka Nidhi Trust (R)

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CHIEF PATRON

Yogacharya

Dr. B.K.S. IYENGAR PUNE

Padma Vibhushana Awardee

BOARD OF TRUSTEES

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Dr. SAVITA RAGHU

Ref. No. Admin/13/2020-21

Date : 15/10/2020

Dear Friends,

The Trust has already taken some strong decisions to cut the employee salaries by 30% to cope with the financial situation. But we don't want to lose good employees due to the lack of funds. It is thanks to them that we realised such success until now.

Let us give you a summary of our regular monthly expenses of INR 27,90,345/-

1. Salaries of the employee:	INR 14,75,950/-
2. Employee Statutory payments:	INR 1,18,900/-
3. Medicine costs (distributed in the villages / Hospital):	INR 7,12,875/-
4. Honorarium for Health workers in the village:	INR 2,10,000/-
5. Miscellaneous expenses: (Electricity, Diesel, Travel, Telephone & Maintenance)	INR 2,72,620/-

We need your help to continue Guruji Dr.B.K.S Iyengar's dream.

BECOME A DONATOR to help this amazing project. Engage yourself in this endeavour by Micro Donations/Funds.

Your contribution even a small donation of **100USD** will enable us to continue our mission.

Please inform your friends, family and colleagues about the Birth Place of Guruji, Sri B.K.S. Iyengar and his work and encourage them to join you in helping us.

Account Name: B K S Smaraka Nidhi Trust (R)
Bank: State Bank of India
Account/ IBAN Number: 38518908526
Account type: Current Account
SWIFT code: SBININBB423
IFSCCode: SBIN0003286
State: Karnataka
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For any further information, please contact
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With all our thanks,

Reg. No. BNG (U) B.G.S.
R/D No. 219/2002-03
B. Raghu,
Managing Trustee.

